The Neighbourhood Parish Plan Roadshow: 
Bringing Phase 2 To You

In Phase 1 you said the following topics were the most important:

- Conserving Village Character
- Affordable Housing
- Green Space Between Villages
- Transport Links/Employment
- Wild Habitats

We will be holding various events in the forthcoming weeks to meet you and listen to your views. We need to know what you want (and what you don’t want) to try and write a Plan that is right for this Parish. We would also like to know about the areas of the Parish that you love: views, amenities, outdoor spaces etc. We will be at:

Gunnislake Public Hall - Thursday 1st October 2015 from 10.00am -12.00
Gunnislake Church Hall - Tuesday 6th October 2015 - 10.00am - 4.00pm
Delaware School - Thursday 8th October 2015, 5.00pm - 7.00pm
Calstock School - Wednesday 14th October 2015, 2.00- 4.00pm
Calstock Village Hall - Thursday 15th October 2015, 10.00am - 12.00pm
Calstock Village Hall - Friday 16th October 2015, 5.00pm - 7.00pm
Woodland Way Centre, Gunnislake - Tuesday 20th October, 6.30pm - 8.00pm

A questionnaire should be coming through your doors about housing need....please complete it and return it to us by: FRIDAY 16TH OCTOBER 2015

www.calstockparishplan.org.uk
Calstock Parish Council, Tamar Valley Centre, Cemetery Road, Drakewalls, Gunnislake PL17 8FE
01822 835038

A Neighbourhood Plan enables local people to say where new houses and businesses should be built and what they should look like. This is carried out by consultation with you, the public, and in partnership with the Parish Council.
THE COLOURS OF SUMMER

Has it really been two months? So much has been going on locally that every weekend and several evenings a week could have been filled with fun, cultural, sporting, informative and educational activities. What a summer... A number of reviews have made it into this edition of Calstock News.

Entries are invited for images to use on the cover page – simply forward your photograph or artwork to the email address below for consideration.

Pupils at Calstock CP School have been asked if they would like to contribute to Calstock News and it is hoped that their work will become a regular feature, as it was in the past: in editions from a decade or more ago, the quality of the children’s writing often stood out. Perhaps the incentive of being ‘published’ will inspire and encourage the up-and-coming talent in the community!

All ages are welcome to contribute to Calstock News, however. Articles, letters to the editor, reviews, creative writing – what would you like to read about? The next deadline is 30 November.

Please note the email address for submissions: info@calstocknews.org.

The CN Team

CALSTOCK TV ON FACEBOOK

Calstock TV has been going on Facebook for a couple of years now. It averages about a post a month, fifteen hundred views a year and has 150 ‘likes’. This month, there are a couple of new posts: one of local band, ‘The Zips’, on an Autumnal theme, issuing wise advice and a warning; the other, of some spectacular drone flying at the Paper Mill in the Danescombe Valley. Maybe you’ll check them out?

If you have any footage – historical or contemporary – of Calstock, the river or wider area, or of interest to its residents, Calstock TV would love to show it.

Barry Kirkman

[Cover image: local Y6 pupil, name and address supplied]
CALSTOCK BIKE SHOW

Well, the dust has settled once again on the playing field, the bikers have long gone and we've had time to take stock of this year’s Bike Show. And what a show it was... without doubt, our biggest & best yet. Truly a weekend of music, friendship, fun, and the biggest and best firework show that the village has ever seen!

The great news is that such a successful weekend affords us the opportunity to give generously to good causes in the area, and we thought we'd let you know exactly which causes and groups are benefitting from the Bike Show this year. Thus far we have donated as follows:

- Calstock Football Club: £1,000 (We will also be arranging for the pitch to be spiked hopefully before the new season starts (£360) )
- Calstock Rowing Club: £1,500
- Calstock Under 5’s Playgroup: £400
- Calstock Panto: £300
- Calstock Short Mat Bowls: £300
- Calstock C.P. Solar Schools Fund: £1,500
- Calstock November Fireworks: £1,500 (set aside for event)
- Calstock Skate Park Fund: £1,000 (set aside)

That's a total of £7860 going back to the village in one way or another – irrefutable proof, we think, that the weekend greatly benefits the community as a whole.

We made a couple of tweaks this year to our setup, mainly pointing the P.A. in the band marquee in the opposite direction (upriver), thus directing the music away from the greater part of the village. Hopefully this meant a slightly quieter weekend for those who don’t appreciate the rock music! We are acutely aware that not everyone is a fan of the show, and we do greatly appreciate the fact that the greater part of the village supports us in our efforts to bring much needed funds to the various clubs and organisations throughout the area. The show is run completely by volunteers and wholly on a not-for-profit basis, with not one of the organisers taking any money whatsoever for the many hours of work put in both before, during and after the show.

We're already looking forward to 2016 and hope that you are too! You can find info about the Bike Show at www.calstockbikeshow.co.uk, on Facebook and on Twitter (@calstockbikes).  Keith Ingram, on behalf of the Calstock Bike Show Crew
CALSTOCK SHORT MAT BOWLS CLUB

We’d like to say a very big thank you to the Bike Show for their generous donation to our funds as well as for a brilliant weekend.

Anybody who would like to come along to Short Mat Bowls in the village hall at 7.30 pm on Mondays and Wednesdays will be very welcome!  

John Neville

CALSTOCK FESTIVAL FUND GRANTS

The Calstock Festival Fund, launched a few months ago, has made its first two grants available to local groups.

- Calstock School’s Solar Fund was granted £250 towards the cost of providing solar panels at the school. The project is well underway, as no doubt you will read elsewhere in the Calstock News.

- Calstock Refugee group was granted £250 towards their work with local refugees and to help fund Calstock Refugee Day. What an amazing day it was this year – as it was last year. More than eighty refugees and a load of locals turned up to a day of festival and feasting, sports and music. Sometime in October there will be a Calstock TV video of the event on Facebook.

If there is a Calstock-based event you’d like to put on that needs help with financing or pump-priming, get in touch at www.calstockfestival.co.uk.

Applications are invited for putting on local courses or workshops, gigs or events, or buying a new piece of equipment – the list goes on and it’s only limited by your imagination. If your organisation or group makes a profit on an event, the festival fund would like a cut so it can give out more grants; if it makes a loss, the festival will fund all or part of the loss. Grants are available up to £250.

The objective is to help things happen that wouldn’t happen otherwise. If you’ve an idea that you’d like to make a reality, contact the festival. Many things are possible!  

Barry Kirkman
CALSTOCK’S ‘SOLAR SCHOOL’ NEWS

We’d like to say a big thank you to the Bike Show and to Calstock Festival for their very welcome and much appreciated donations. They gave an unexpected boost to the project after nearly a year of frantic fundraising!

A planning application is with Cornwall Council; we have the necessary Energy Performance Certificate; we are pre-registering with the Microgeneration Certification Scheme, MCS, with the help of Community Energy Project (Cornwall energy co-op) so that we are not affected by the proposed drastic cut in the feed in tariff (it’s likely to go down by 87% to 1.63p per kWp in January) and the installers are standing by... Exciting times up at the school.

Fundraising has not quite stopped. A few hundred pounds could still make a difference to the size of system installed – meaning there is a final opportunity to contribute to this remarkable community effort. Donations may be made at the school office or via the web page www.solarschools.org.uk/calstock.

Thanks to everyone who is making this possible. Helen Randle 833970

LETTER TO THE EDITOR

The summer holidays are such a long break for the children of this village but they are extremely lucky to have the great outdoors to play in. Unfortunately my daughter will not be able to play out on her bike now as someone in the middle of the night decided to steal it from outside our house in Baptist Street. It’s an adult’s bike with the seat lowered for her height and she’s thoroughly enjoyed riding it around with her friends. If anyone has any information about it we would be really grateful. The bike was a silver mountain bike with 21 gears, quite a bit of rust on the spokes and it’s pretty squeaky on the brakes. I can’t imagine that it’s worth anything at all but its put a real downer on her fun time and made me feel disappointed that someone could be so heartless.

Also, my neighbour has had a set of aluminium ladders stolen from outside his house. The sadness is that he was actually borrowing them from someone else to do a job on one of the roofs in Commercial Road. Again, any help in recovering them would be gratefully received. Clare Mitchell
CALSTOCK BOATYARD

By the time you read this (fingers and toes crossed) Calstock boatyard will be under new management. We have lived opposite for 15 years and cannot bear to see it empty and unused. After a lot of negotiation we have decided to take on a lease with Nancy the owner and look forward to running it as a community yard for as many people as possible to enjoy.

There’s loads we want to do, however one of the first things we are planning is the construction of kayak and canoe storage. We hope this will be a popular addition to the boatyard and encourage more people to access the river when the tide is up without the hassle of loading their boats onto a roof rack! We will be charging a nominal amount of £24 a year for the first year (yes, £2 per month!) to see how it goes! If you are interested in a slot, please let us know and we will build storage according to demand (and space!).

Until then check out our website www.calstockboatyard.org, like us on Facebook, or follow us on twitter to keep up to date. We are doing this from a ‘cold start’ so it’s not going to be perfect right from the off, but with the help and support that has already been extraordinary we think it can be a success. Your village boat yard is back!   Chris, Julia and the girls, info@calstockboatyard.org

THEATRE AT HARROWBARROW VILLAGE HALL

Friday 23 October: Le Navet Bête – Dick Tracy  Did you miss it in Calstock? Devon’s extraordinary company of fools, Le Navet Bête, are back in the area with their crazy, stylish, slick comedy show Dick Tracy. With their work rooted in the ridiculous, this is a physical comedy influenced by the world-famous detective, incorporating fooling, original live music, plenty of audience interaction, lightning quick character changes, incredibly authentic accents – spattered with mystery, malice and mischief.

Tickets are available from Harrowbarrow Village Post Office or from Eventbrite www.eventbrite.co.uk, phone 07836622043.

The bar will be run by Cotehele Quay Gig Club to raise funds for a new training boat. Likely to be suitable for age 7+  Sheila Snellgrove
PLYMOUTH THEATRE TRIP

Le Navet Bête was such a hit in our village hall, that I have provisionally booked tickets for **Tuesday 29 December** to see their version of the pantomime, **Robin Hood and his Merry Men** at the Barbican Theatre, Plymouth. I am planning to run a coach from Calstock, and several people have suggested going in early and visiting the Noodle Bar which is underneath the theatre. The tickets are £13.00 each and I have about 14 left, so if you would like to join us, please let me know on 834964, or contact Chrissy Wallis, who is selling tickets via the village hall. The cost of the coach will depend on how many people are coming. This promises to be a great night out, so give me a ring soon to secure a place!  

*Jane Kiely*

1ST TAMAR VALLEY CUBS SUMMER UPDATE

The cubs at 1st Tamar Valley have had a great summer this year. Our cubs pack is made up of girls and boys aged between 8 ½ and 10½, from Calstock, Delaware, Gunnislake and Harrowbarrow Primary Schools. It is a great opportunity for them to get to know each other before they go up to Callington College.

We have had three excellent camps, one at our Cox Park site, a County Camp at St Mewan and Summer Camp at Collard Bridge, Barnstaple. The cubs have built shelters, cooked on the campfire, pitched tents, completed a 14 mile sponsored walk; they have been tunnelling, crate stacking and enjoyed archery and rock climbing at Kit Hill. We have used our Cox park site for all our summer meetings and the cubs have really enjoyed the outdoors to the full, including fire lighting, tracking, water balloon games, pioneering and chariot racing!

We have a District Activity Day in October and a Winter Camp planned for November and lots of exciting activities for our Wednesday meetings. With the evenings drawing in now we will be returning to Gunnislake Public Hall. We have spaces for more cubs and if you think your son or daughter would like to join then please contact us on firsttamarvalley@hotmail.com or just come along Wednesday at 6.30pm Gunnislake Public Hall. *Vanessa Southcott, Adam Harman, John Young*

VILLAGE PLEA

PLEASE note that Calstock does not have either a dog poo fairy or a litter fairy!  

*Jane Kiely*
TAMAR VALLEY PRESCHOOL

The Autumn Term has started with some fresh new faces as we welcome our new 2-year olds! Tots’ Sessions (parents and carers and their children) run on Monday and Wednesday mornings from 9-12pm, with snacks provided and a range of fun activities to keep little ones busy.

We would like to say a huge thank you to Calstock Bike Show for its £400 donation to the preschool. This, combined with our own fundraising, meant we raised over £550 during the summer. We couldn’t manage without these generous donations and public support at our fundraisers. Thank you! If you have a good idea for a charity event or would like to help out, we would love to hear from you.

We have two events coming up that are sure to prove popular: First, get your aprons ready for our annual Great Calstock Bake Off! This year it will be taking place in the Village Hall on Sunday 18 October. Bring your entries for judging at 2pm. We have some brilliant prizes - STAR PRIZE for overall winner is ‘Strictly’ On Tour Tickets!

Sunday 15 November will see the return of our Autumn Fayre, taking place in the Village Hall. With quality craft stalls it’s perfect for early Christmas Shopping. There will be a soup kitchen, hot pasties, cakes and refreshments. Children’s craft tables will keep the kids busy while you shop. Our raffle will have some amazing prizes this year, including passes to local attractions and beautiful craft items, so don’t forget to buy a ticket. We hope to see you there!

If you are a stallholder and would like to book a table, it is £6.50 per table, payable on booking (we would also be very grateful for the donation of a small raffle prize on the day). Tables will be reserved on a first come, first served basis. The event will be widely advertised to ensure a good turnout. Please contact Alyssa Davies to reserve your table: Alyssa_william@yahoo.co.uk

Tamar Valley Preschool takes children from two to five years and has government funded places for two to four year olds. Sessions run 9-12pm Monday, Thursday and Friday, and 9-3pm Wednesday. We have a ‘Good’ Ofsted rating. For more information call Sarah on 07599 416447, email info@tamarvalleypreschool.co.uk or visit our Facebook page.
CALSTOCK ARTS EVENTS AT THE OLD CHAPEL

We had a great start to our new Sunday Sessions series in September with a concert by the Polperro Fishermen’s Choir. More Sunday afternoon events coming up in November – see below – with some lovely cake to tempt you, too.

After months of planning, the fourth Calstock Jazz and Blues Festival is finally here. It’s a great community event run by a small group of volunteers from Calstock. Hope to see you there!

Friday 9 October: Gallery Bar Special, Ensemble Baklava, Doors 7.30 for 8.30
Evocative, stirring and lively music and song from the Mediterranean region, both contemporary and ancient. Free entry. Informal atmosphere, donations to band.

22-25 October Join Two Creative Cooks for coffee, lunch, tea and pre-gig suppers in the Kelly Room
Thursday 22 and Friday 23: 6.00pm to 9.00pm, Saturday 24 and Sunday 25: 12.00pm to 9.00pm

Thursday 22 October: Jazz on Film – Whiplash
Damian Chazelle 2014 (Cert 15) A gifted young drummer finds himself challenged by a brilliant mentor intent on pushing his student to greatness, in this Oscar and BAFTA Award winning drama.
£5 to join C-Fylm (free entry), £4 existing C-Fylm members, tickets and membership available on the door.

Friday 23 October: Femi Temowo
A fusion of Nigerian folk sounds and rhythms combined with lush jazz harmonies from award winning guitarist and singer Femi Temowo. Plus Ernesto Simpson on drums, Karl Rasheed Abel on bass and Jonathan Idiagbonya on piano.
Tickets £13 advance, £14 door, £6 under 18s, £1 reduction for FCA.
Doors 7.00pm, start time 8.00pm.

Saturday 24 October at 2.00pm: Jazz on an Autumn Afternoon - Louise Parker and Max Turnbull
An eclectic set of songs, from the Great American songbook to jazz/reggae fusion and bossa nova rumba, accompanied by pianist Max Turnbull.
Jazz Café open for pre-gig lunch and interval drinks.
Tickets £10 advance, £11 door, £5 under 18s. £1 reduction for FCA.
Doors and bar open 1.30pm, start time 2.00pm
Saturday 24 October at 8.00pm: The Printmakers, with Norma Winstone
The Printmakers set out to cross the boundaries that traditionally separate jazz, folk and the contemporary music world. A jazz supergroup, headed by jazz vocal icon Norma Winstone. £22 advance, £24 on the door, £10 under 18’s, £1 reduction for Friends of Calstock Arts. Doors 7.00pm, start time 8.00pm.

Sunday 25 October: Empirical
With the launch of their fifth studio album this autumn to coincide with the festival, Empirical will once again show why they’ve been dubbed “the coolest of Britain’s young jazz bands.” £15 advance, £16 door, £1 reduction for Friends of Calstock Arts, £10 under 18s. Doors 7.00pm, start time 8.00pm

Sunday 1 November: Sunday Sessions - K’antu Early Music Ensemble
Song and dance from Europe and the New World with a fresh mix of early, folk and world music. £8 advance, £9 door, £1 reduction FCA. £6 under 18s. £20 family (2+2). Tea, coffee, cake from 2.00pm, music at 3.00pm.

Friday 13 November: The Little Radio – Iain Ballamy and Stian Carstensen
Internationally acclaimed jazz musicians Iain Ballamy and Stian Carstensen delve into the musical memories of Calstock residents young and old. Please note early start – doors 6.30pm, start time 7.00pm. Pre-gig supper available. £8 adv., £9 door, £6 unwaged and u18s. £22 family (2+2), £1 reduction for FCA

Sunday 15 November: Sunday Sessions – ‘Turner in the Tamar’: a talk by Dorothy Kirk
Tea, coffee, cake from 3.00pm, talk from 5.00pm. Free entry, donations please to Tamar Valley Community Bus.

Friday 20 November: Gallery Bar Special with Emily Howard
Well-known from the south west festival circuit, Emily combines a touch of Joni Mitchell with Ani Di Franco. Free entry, informal atmosphere, donations to Emily please. Doors 7.30pm, music from 8.30pm.

Sunday 22 November: Fred MacAulay – Twenty Fifteen
One of Scotland’s best loved stand-up comedians. Fred will take a sideways look at politics, sport, the environment and the cult of ‘celebrity’. Age 16+, strong language. £14 advance, £15 door, £6 under 18s. £1 reduction for Friends of Calstock Arts Doors 7.00pm, start time 8.00pm. To be confirmed – pre-gig supper.
Friday 4 December: Take Five – IMS Prussia Cove  Five top class professional musicians perform a varied programme of music for violin, viola cello and double bass, presented in an accessible, informative and compelling way. Sponsored by Carn to Cove. £8 advance, £9 door, £6 unwaged and under 18s. £22 family (2+2). £1 reduction FCA. Doors 7.00pm, starts 8.00pm

Saturday 5 December: Calstock Singers presents Season of Cheer  A mix of Christmas songs and other seasonal items, all presented with enthusiasm and smiles by the Singers. Tickets and time tbc.

Details of our occasional pre-gig suppers, which must be pre-booked, are available from the relevant event listing at www.calstockarts.org.

Tickets from Levine’s, call 01726 879500, or see www.calstockarts.org.  Kate 833183

CALSTOCK PARISH LOCAL HISTORY GROUP

Autumn Meetings held at Methodist Church Albaston at 7.30
Members £1, Non-members £2

Saturday 31 October – Mabel Ramsey of Plymouth
Hilary Preston talks about this pioneering doctor & surgeon, campaigner for women’s aid and children’s welfare.

Saturday 28 November – The Road to Messines
Rick Stewart will talk on military mining & underground warfare on the Western Front in WW1.  Lynda Harman

FRIENDS OF THE TAMAR VALLEY

We meet at the Tamar Valley Centre, Drakewalls on the first Friday of the month starting at 7.30. Non-members are always welcome, for a small charge.

Friday 6 November: we will welcome Steve Fryer to give us the History of RAF Harrowbeer Airfield.

Friday 4 December: to get us into the Christmas spirit, Val Bugden Cawsey will explain the Origins of Christmas Traditions.  Jane Kiely 834964

CONTRIBUTE TO THE CALSTOCK PARISH NEIGHBOURHOOD PLAN!
QUESTIONNAIRES HAVE BEEN SENT TO HOUSEHOLDS BY POST
NEWS FROM COTEHELE

There are half term activities at Cotehele House, Mill and Quay during Freak Week, 26-30 October. Follow the trail, looking out for spooky goings-on, try pumpkin carving, broom-making and more. On 31 October, it’s Fright Night! Explore the house in the dark on Hallowe’en night to experience the spooky side of Cotehele. Bring a torch and prepare to be very scared.

We have Secret Cotehele tours on 19 and 20 November. You can discover some of the house and collection’s well-guarded secrets on a tour, followed by a 2 course lunch in the Barn Restaurant. £20 per person, booking essential.

Our annual Craft Trail is on 7-8 November when makers will be exhibiting and selling a selection of handmade and affordable gifts for Christmas. Our new exhibition, Snowflakes, starts in the Gallery as well, so do come along and start your Christmas shopping.

Christmas starts at Cotehele when the gardeners bring the dried flowers into the house and the making of the garland begins. This year we will have about 39,000 flowers so we shall be busy! The Hall is open so do pop along and meet the team.

To celebrate the finishing of the garland we are hosting an Opening Night Gala in the Hall from 6.30pm on 14 November. Dave Bouch, head gardener will be talking about this year’s masterpiece and there will be a three course dinner in the barn followed by dancing to ‘Just Misbehavin’. Tickets are still available at £45 but booking is essential. It’s a perfect opportunity to start Christmas off in style with your friends and family. From Sunday 15 November the Garland will be finished and on display, the log fire will be burning and our choirs start to arrive.

The Food Fair will be on 21-22 November. We will be hoping for dry fine weather as this event brings many visitors from far and wide. Come early and fill your baskets with Christmas goodies.

Please note: main House and Mill close from 1 November until mid-March 2016
Further information: 01579 352736, website: www.nationaltrust.org.uk/cotehele
Charmian Saunders

MAKE YOUR VIEWS ON THE FUTURE OF OUR PARISH COUNT!
RETURN YOUR COMPLETED FORM BEFORE FRIDAY 16 OCTOBER
CALSTOCK HALL NEWS

Thank you to all who attended our recent 25\textsuperscript{th} Anniversary Tea Party. It was a lovely day, full of sweet treats and happy memories. The sun was out and tea frocks were worn as we celebrated and commemorated our lovely Hall!

HALL MATES

25 years after its inauguration, Calstock Hall would like to offer its regular users a host of benefits in the form of “Hall Mates”, for friends of Calstock Hall.

An annual subscription to Hall Mates includes:

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You can apply for Hall Mates Membership by email: hallmates@calstockhall.com, or picking up an application leaflet next time you are at the Hall.
Volunteers returned recently to finish off our bar restorations, so next time you are in for a drink at one of our events you will be able to enjoy our new lighting and sound systems and even take a good look at yourself in our very large new mirror!

We have so many great events coming up over the next months, you will be well and truly entertained – including, of course, the third **Calstock Jazz and Blues Festival 22-25 October**...the Hall will be the Information Hub during the festival and will have the wonderful Café Bar None running throughout where you can pick up delightful drinks and sensational snacks to sate your appetite.

On **Friday 23** the **Evening Blues Café** will be serving food to linger over as you enjoy a laid-back social evening. We’ll have a varied selection of recorded blues music, although impromptu playing may take place and we have a great selection of 78rpm jazz records and a gramophone to crank up! On offer will be a pre-booked platter of taster dishes made with a passion for provenance, cooked with imagination and full of flavour and, of course, with drinks available at the bar.

7pm – late, £12, Tickets available from Levine’s, Limekiln Gallery, or www.crbo.co.uk

Then on **Saturday 24 October** we have an opportunity for a shake down and serious boogie with **The Bluebottles** plus DJ’s. ‘Born’ in Calstock in 2011, the band play self-penned songs and love playing live. Come on down and have a dance!

Doors and bar from 7pm, DJs from 7.30pm, £8 Tickets available online and from Levine’s, Limekiln Gallery or www.crbo.co.uk

**Thurs 22 October:**
6.30pm – **Big Jazz Choir**, £7, £5 children

**Saturday 24 October:**
11.00am-12.30pm – **Big Blues Sing-In**, £5
2.00pm – **Blow the Blues** workshop, 2pm,

**Sunday 25 October:**
11.00am-12.30pm – **Improvers Blues Harp**, £5
3.00pm – **Tavistock College Jazz Band**, free

Check out [www.calstockjazzfestival.co.uk](http://www.calstockjazzfestival.co.uk) for the full line up of events
FOLK, ROOTS & BLUES SEASON CONTINUES

Saturday 10 October Dave McGraw & Mandy Fer
From San Juan Islands USA: their latest release ranked among the Best Albums of the year by The Telegraph and topped the EuroAmericana charts. Their songs were written and recorded at their island home and translate well to an intimate acoustic atmosphere; that said Mandy plays a mean electric guitar! Here on a short UK tour. £9 advance.

Friday 6 November Sam Lee and Friends
Funded via the Arts Council through Carnto Cove and Routes South West we have been able to put on this show with a line-up of top flight musicians behind this man with the most captivating of voices. His unusual arrangements of traditional songs learned from the gypsy traveller community are a true breath of fresh air on the folk scene. £10 advance.

Saturday 28 November Martin Simpson
Back in Calstock for a fourth appearance his shows always play to a full house. After 35 years as a professional musician Martin is, right now, better than ever. Acknowledged as one of the finest acoustic and slide guitar players in the world, his interpretations of traditional songs are masterpieces of storytelling. His solo shows are intense, spellbinding and deeply moving. £15 advance

Photo: David Bailey

Video clips of all these artists in live studio surroundings are on the Hall website www.calstockhall.com to give you an idea of what to expect.

Remember – being there is always better!

Contact Jo on 834418 for more information, or email admin@calstockhall.com
CHRISTMAS AT CALSTOCK HALL

Cornwall’s leading Comedy Theatre Company, Trifle Gathering, presents The Office Christmas ‘Do’. After sell-out success with their last two shows (Charity Shop Cabaret and The Ogden Sisters), Trifle Gathering Productions are back with yet more festive fun!

Meet Carol and Saskia, your executive party organisers from Sales: after some ‘blue sky thinking’ they have organised the Office Christmas Do of all Do’s and they need you! So get your team of friends, family or colleagues together and book up for office-style Olympic Games, comedy carol singing, Secret Santa, a festive knitwear competition, cabaret, corny disco tunes and much more. (Non-office workers: you don’t have to miss out on the delights of the traditional office bash: come to ours!)

Think David Brent meets Victoria Wood by the photocopier, and Butlin’s-style games compèred over a seasonal playlist of cheesy tunes.

“Trifle Gathering’s brand of humour is entertaining, irreverent, clever, saucy but gentle with their audience, relying on talent and experience rather than audience humiliation to propel you through a night of helpless giggles and relaxing fun.”

Alice Marsden, Miss Peapods Café.

Saturday 12 December, 8 pm, Doors and Bar open at 7.30pm. Suggested 14yrs+ Tickets £12.50, Retro Finger Buffet included in the ticket price. Tickets from Levine’s, Lime Kiln Gallery, and online at www.calstockhall.com

CALSTOCK BOATYARD – PT 2

We have picked up lots of driftwood from the boatyard slip over the last year. Much of it is bone dry now. There is also waste wood from the yard itself, including planks and pallets. It’s all unwanted – and what should I do with it (polite answers only, please)? It is being cut or broken up into burnable lengths. If you’d like some, ring me on 833787 and we will put bags of it outside the gates on Lower Kelly. Please DO NOT come into the yard for it – we will be hectic with boat movements etc. soon. Or would anyone like all of it in its uncut state? Hope to hear from someone! Nancy Hollow
**MORWELLHAM QUAY**

**25 – 31 October**
**Halloween Week at Morwellham Quay**
Programme of Halloween events, 1.00pm until 5.30pm
All-inclusive Spooktacular price for children and adults of £8.95 (members £4.95) includes the scary mine train ride.

**28 & 29 November**
**Morwellham Christmas Craft & Gift Fair**
Come and browse the stalls of local handmade gifts and one-off presents to buy for the special people in your life.

**12 & 13 December and 19 to 24 December**
**Children’s Christmas Special at Morwellham**
Visit Santa in his underground grotto, listen to a Christmas story, dress up in Victorian costume, make Christmas Crafts and enjoy mince pies.
Children & Adults £8.95 (Members £4.95) to include train ride.

For further details of all events, go to: www.morwellhamquay.org

**CHRISTMAS TREE FESTIVAL 2015**

Each year the Friends of Calstock Parish Churches hold a very successful Christmas Tree Festival as a way of contributing toward the life of the community.

Last year this was held in in St Andrew’s Church, Calstock. No fewer than twenty-five local businesses and organizations provided and decorated a tree in a style of their choice. Many visitors came to see, enjoy and admire the spectacle over the three days, which was enhanced by live music and refreshments.

This year’s festival will be hosted by St Anne’s Church, Gunnislake and we're writing to invite you to take part on behalf of your business/organisation. There is no charge to enter. We invite every group to put up a tree and decorate it; the tree, along with its decorations is yours at the end of the event.

For details and a form to return by 9 November if you would like to take part, email kathy.tigerella@gmail.com. *Kathy Thomas*
LIMEKILN GALLERY NEWS

Our Autumn Show is in full swing with the wonderfully contrasting print-work of Ley Roberts and Tanya Morel in our main rooms. A full exhibition of Ley’s Tamar Valley-inspired prints and drawings, including her latest work, plays satisfyingly opposite Tanya’s rollicking character-based images. The show, which runs until Thursday 29th October, also features a selection of some of the Valley's foremost painters, as well as the sought-after sculpture of William Cramer.

This year’s Winter Exhibition will begin with a preview on Thursday 5 November between 7 - 9pm (everyone is welcome!), and features the colourful landscape paintings of renowned West-Devon artist Ron Pyatt, as well as a hand-picked collection of work by some of our current favourites including Jo March and Angela Newberry.

The lead up to Christmas is a great time to see the gallery as we are choc-full of interesting, original gift ideas and decorations created by some of the most talented makers in the Valley. This year’s Calstock Christmas card is taking shape, and as usual we’ll be open right up to Christmas Eve doing our best to brighten up the dark months – once we get the fire going, a warm welcome is guaranteed!

Bernie

OPEN GARDENS

St Luke’s would like to thank everyone who opened their gardens in Calstock on 17 May for the ‘Open Gardens’ event, raising £2,241.

Thank you also to the two members of ‘Just Friends’ for the entertainment and to everyone who donated and helped with the refreshments and stalls. Sue
CALSTOCK WEAVERS

One of the very many ways in which Calstock is a special place is the large number of creative people who live here. We have performers, song-writers, authors, poets, painters, print-makers, bands, jewellery-makers, potters ... and I know the list is much longer. The superb Lime Kiln Gallery is home to many artists and is an essential part of the village. But recently there was a need for a larger space in which to show some larger works, display the creative processes & some of the 'machinery' that goes with it – so the stunning main room at Calstock Arts was chosen where the walls were covered, tables set up with displays and looms were constructed, teas, coffees & delicious cakes were available - a very successful event.

Mark Cullen & Ineke Borsboom are weavers of impressive ability covering a wide range of technique & effect. Their work encompasses finely woven, delicate fabrics through to robust weaves. Some of their works can be worn, some are for display and some are more functional.

Ineke has been a weaver for more than 40 years – 13 as a student. She works in a range of materials including silk, cotton, linen, wool & occasional other inclusions. Many of her threads are hand-dyed. Ineke has spun & dyed in the past but prefers to focus on the weaving, seeing the prior processes simply as tools in realising her creativity. Any time spent in her company or in her very small home/studio will show how passionate she is about weaving. The first thing that hits you as you walk through the door is the large number of tapestries on the walls. Sitting at her table you see she is working on a new design based on a visit to the coast. Even a small tapestry can take her up to six months to complete. Then you realise that the table-covering is a roughly-woven, colourful piece and the chair coverings are robust, woollen weaves. Hanging over the stairs is an abstract, substantial, vibrant, fiery creation. Her workshop is dominated by the tools of her craft – a large loom, a warp winder. Walls & surfaces heave with threads of all hues and textures.

Her passion pulls you in. Controlled passion seems to be an appropriate description for how this artist works. You begin to realise that weaving is almost a religious experience for her. She talks of the organic growth of each piece being woven into her life. She talks of the essential harmonising of warp & weft; of the process of weaving being part of who she is – her hands communicating with the threads and they with her. The action of sending the shuttle back & forth becomes a form of meditation, losing herself in the movement.

Mark Cullen talks of his interest in weaving being kindled when he was about seven
years old by a teacher who had her own loom and inspired in him a general interest in the mechanics and its artistic possibilities throughout his life. But it was a mixture of serendipity and openness to opportunity that led him to taking on his own loom about twelve years ago, when friends were throwing out a loom that was in pieces. He managed to reassemble it and embarked on some introductory courses before beginning a part-time two year course in Bradford, historically one of the centres of weaving in this country. He became interested in the work of an eminent British weaver, Peter Collingwood, who led him to add a significant structural modification to his loom, based on Peter's innovative ideas. It is important to Mark that there should be no division between 'science' and 'art', this false split unnecessarily narrowing our experience of the world. His interest in the 'science' of what he does is evident. He very consciously uses Fibonacci sequences to inform his work. These mathematical numbers are found everywhere expressed in nature and it's this conjunction of 'art' and 'science' that fascinates him.

Mark works in broad strokes. However, the robustness of the weave often belies the subtleties of colouration that combine to form an effective and impressive body of work. His large abstract creations, typically around 2×1m, are intended to be hung as art-works. His wall-hangings are big, bold statements. Though the expression is abstract, the original inspirations are clear to see. Themes are primarily taken from Nature with such titles as 'Caradon Hill', 'Hawthorn' and 'Blackthorn'. He chooses his colours to echo Nature's colours. 'Hawthorn' is designed primarily in shades of brown, with the blues of the sky and dramatic splashes of berry-red. The impressive 'Blackthorn' captures the tree in full, white blossom. Rich, deep, subtly shaded blues and greens of water and plant create the work entitled ‘Waterweed’. He often dyes his own yarns, using natural dyes from collected barks, leaves and plants, and has several, er... 'aromatic'... pans on the go. Mark's work is based upon sketches from the sketch-book he carries everywhere. However, he sees his true creativity as taking place stood at the loom – the sketches are there only for guidance. It's at the loom that he makes choices, blends the colours & shades of the different yarns he has available in front of him, assesses impact and produces the effect he wants. Everything prior to the loom is preparation.

Mark's workshop is opposite the boatyard in Lower Kelly and he welcomes people stopping to chat and look at what he's doing. Alternatively, call 834253 to arrange a visit. Ineke's work can often be seen in the Liquorice Gallery in Tavistock or in the gallery at Cotehele. She is very happy for people to view in her home/studio – ring 833303 to arrange a visit.  

Ian Craft
Our topic work this half term was entitled ‘The Big Build’. We have been focusing on the story of the Three Little Pigs and looking at houses. The pupils in Class One have all contributed to the following recount:

**Our Visit to a Local Building Site:** We went on a visit to the building site. We wore fluorescent jackets so that we could be seen. First we went down the hill. Then we went up the hill past our school.

Next we met the builder Mr Martin Scoble. He showed us his plans. Then we saw the wooden planks, the bricks and the scaffolding. We saw the Manitou, a cement mixer, and a truck. Some men were working on the roof. They had a saw and a hammer and some nails. It was very high!

Finally we walked down the lane and back up the hill to school. It was fun.

*Class 1: collective composition*

**Visit to Buckland Abbey:** On Monday 22nd September, Class 2 visited Buckland Abbey. We split into 2 groups. One group went to visit the house first. We arrived at the entrance and saw a stone head of Lady Amisha. Lady Amisha gave the money to build Buckland Abbey monastery. When it was a monastery there were monks living there. Mr Grenville then bought Buckland Abbey and turned it into a house. We could see the old ‘A’ shape of the church on the walls and in the windows.

We went into the house where we saw lots of things that showed us about Sir Francis Drake. We saw a model of his boat which was called The Golden Hind. It had been called The Pelican before but because it was named after a bird it was decided that this was bad luck.

In this room there was also Drake’s drum which was used to bring the men together for when a battle was started. It was also used to sound the death of Drake, who was buried at sea. On the drum was Drake’s motto which said ‘Sig Parvis Magna’. This means ‘From small beginnings to great achievements’.

We then went to Drake’s study. There had been a great fire here which destroyed the ceiling. The ceiling has been rebuilt and has 50 faces of fish and an apple with a worm in it. There was also another model of the Golden Hind which was a remote control boat. As we walked to the next room we saw an engraved window to celebrate the anniversary of the defeat of the Spanish Armada.
We visited the kitchen. In the kitchen there were dead rabbits hanging from the wall. There were also sea biscuits which the sailors had to whack on the bench to get the maggots out! Back in those days everyone used to drink cider, including all the children.

The final place we visited was the Great Hall. In the Great Hall we were told that some of the monks from the monastery were buried under the floor that is still there. We got shown a chest with a secret lock that needed a coin to open it. There was a spy hole which people used to look through into the great hall. It was shaped like a skull.

The other group went to try on costumes. We all tried on clothes from the Tudor period. There were lots of types of dresses. The poor people had different clothes to the rich people. The poor people had their laces at the front and the rich people had servants to do their laces up at the back. Until boys were six, they also wore dresses.

In order to make their clothes white they used urine. There was also no right or left shoes. As the streets were so dirty they often had platforms under their shoes!

We had a really enjoyable day at Buckland Abbey. We would recommend going there to see the house and take part in activities.

*Class 2: collective composition*

**Trip to Liskeard Fire Station:** On Friday the 25th September 2015, Class 3 went to Liskeard Fire station to participate in a variety of health and safety activities. The activities included learning the procedure for correctly washing your hands. Did you know there are nine recommended steps to obtaining clean hands? We used an ultra violet light box to test our ability to wash our hands properly.

We also learned about the potentially catastrophic consequences of making hoax phone calls and how these selfish pranks cost money and put people’s lives at risk.

Another of the activities we participated in was how to cross the road safely. We learned that it is really important to make eye contact with drivers to ensure they have seen us. To help us remember to do this, we saw strange animals driving cars! Just imagine seeing an elephant driving a car... Remember to look left and right all the time you are crossing the road.

While the afternoon was full of really useful information, we were slightly disappointed that it didn’t include a tour of the fire engines!

*Class 3: collective composition*
WHO'S NEW IN CALSTOCK

Rvd. Chris Painter, New Rector

The obvious question: Cornwall must be very different to Manchester!

It's hugely different - and absolutely fantastic! Andrea and I both feel we really belong and coming back across the Tamar is definitely Coming Home. It feels like sanity after being in the big city.

You now have seven churches and four parishes stretching from Gunnislake to Landulph. What do you see as the strengths of the church in this area?

Undoubtedly the people: their dedication and their devotion. It is a huge plus point that we have a functioning church in every parish community. All the other denominations have retrenched into larger centres, but we still have a presence in every village. This is simply because the people are ferociously dedicated, tenacious and loyal, to their church and their local community.

And what are the weaknesses of the church in this area?

Fear! Every church has the same problem: fear. Fear of the unknown, of being pushed out or in retreat. Fear of declining congregations, changing congregations. Yet one of Jesus' most frequent instructions to his disciples was 'Don't be afraid.'

And what are the opportunities for the church in this area?

Again, people. There are a large number of people who may not be regular church attenders but who have a good regard for the church and see it as a central part of the community - which of course it is. People who marry at St. Andrew's are standing and making their vows to each other where people have stood for 750 years! The sense of continuity that a place like St. Andrew's gives is important, especially if parents or grandparents were married here.

What are the threats to it?

The biggest threat is an attitude of managed decline. Fear again: fear of failure, which leads to not trying. The last words of a dying church are 'But we've done that before.'
So what are the things you want to do?

At the moment I am concentrating on our worshipping communities. Our mission is to spread the gospel, but we have to make sure our home is right before we can invite people to it. We do have problems at St. Andrew's: it is outside the village and we can’t do anything about that (the village moved away!) but we can order the church better. We need to have a proper space for hospitality – somewhere to make tea, sit, chat and enjoy a cake someone has made. In Harrowbarrow we have replaced the pews with chairs and have carpeted the church; we had a wedding there recently and arranged the chairs in three sides of a square around the couple, so when we said we were supporting them it actually looked as though we were.

We need a sound system in St. Andrew's. It is ok for people who are used to projecting their voices, but during weddings or funerals where members of the congregation are speaking, often they can't be heard. And we also need a smaller space, for our smaller weekday services, for example.

And then?

We need to take the message of the Gospel to everyone. We need to run courses, to have house groups; we need to do these things as a church. But at heart it's down to individual evangelism – grass roots evangelism. That's how the early church spread, and we have to do the same thing. Don't be afraid!

The Revd. Chris Painter was interviewed on 9 September 2015 by Peter Bonsey. These are edited extracts from a longer interview. Chris can be contacted by e-mail alloursaints@gmail.com or by phone 01822 834170. The new Rectory is opposite Delaware Primary School.

PARISH CHURCH NEWS

For service times and other information visit the parish website: www.calstockparishchurches.org or e-mail: alloursaints@gmail.com  ptb

Please email contributions to info@calstocknews.org

Articles can also be left in the red box hanging on the back of Levine’s door.

Deadline for next issue: 30 November

Printed at Cotehele, courtesy of the National Trust

Views expressed within are not necessarily those of the editors.
Walkers from this year’s **Discovery Trail Challenge** in the Tamar Valley Area of Outstanding Natural Beauty have raised £2,200 for chosen charity, Living Options Devon. The Challenge took place in July, and covered a route of 15 miles along some of the country’s finest landscape.

Registered charity Living Options runs the Countryside Mobility scheme that provides the ‘Tramper’ (an all-terrain scooter) for use by people with limited mobility, enabling them to enjoy the Tamar Trails. Trampers and wheelchair-accessible Wheelyboats are available for hire at more than 30 locations across Cornwall, Devon, Dorset, Gloucestershire and Somerset. For more details visit www.countrysidemobility.org.

**Celebrating 20 ‘Outstanding’ years in the Tamar Valley**
Around 300 visitors joined the celebrations to mark 20 years as a designated Area of Outstanding Natural Beauty and as a culmination of the five-day Tamar Trail Festival.

Visitors enjoyed a fun-filled family day with a mini BioBlitz led by local naturalist John Walters, moths trapped from the night before, animal encounters and craft activities including paper vases and willow bird feeders. The crowds were entertained by local musicians The Rubber Band, and refreshments were provided by the local WI and the Travelling Diner.

**WHAT DO YOU THINK OF TAMAR VALLEY HEALTH CENTRE?**

Tamar Valley Health Centre hosts a patients’ participation group (**tvhPPG**), every two months, alternating between Callington and Gunnislake Health Centres, offering patients the opportunity to meet health care staff to discuss ways to improve the service. Please email tvhPPG@outlook.com for details, or call Gunnislake Health Centre 01822 832641 / Callington Health Centre 01579 382666.

The next meeting will be **8 October**, 7pm, at Gunnislake Health Centre. All are welcome.
COMPETITION: CAPTURING TAMAR VALLEY LANDSCAPE CHANGE

To promote the ‘Rate My View’ Smartphone application and 20 Places Challenge, Tamar Valley AONB is running a photo competition. The app, developed by Plymouth University and South Devon AONB and currently being used by six AONBs across England, is designed to help with landscape management, protection and planning, by collecting views and perceptions from the people who live in, work in and enjoy the area.

On Saturday 10 October, starting at the Tamar Valley Centre, Project Officer Sam Barnes will host a guided walk and explaining about the app. Information will also be given on how to upload your photos and enter the competition.

1\textsuperscript{st} prize: 1-night B&B for two at Pentillie Castle
2\textsuperscript{nd} prize: 1-night B&B for two at Moorland Garden Hotel
3\textsuperscript{rd} prize: three-course Sunday lunch for two at The Bedford Hotel

To book your place on Saturday 10 October, 9:30am–3:00pm, please contact the AONB team – 01822 835030, email: volunteering@tamarvalley.org.uk. Please bring a fully charged smartphone or tablet (if you have one) or your digital camera, and wear suitable clothing and footwear. Closing date for entries is 1 November 2015.

Call 01822 835030 for more details or visit www.ratemyview.co.uk

TAMAR INN BEER AND CIDER FESTIVAL

The 2015 Beer and Cider festival on the Quay brought some superb new drinks to the Tamar Inn and Social Club – many of which were sold out by the end of this great weekend in Calstock. But it wasn’t all about the drink!

The weather played fair and the Quay buzzed with individuals and families enjoying the stalls, games, bouncy castle and, of course, the music. The purpose-built stage showed the various acts at their best – from the gargantuan ‘prog reggae’ of Lionstar, to the youthful energy of Ten Zero One, to the charming vocals and musicianship of the various bands, duos and solo artists who entertained visitors over the weekend – this community-oriented festival organised by the Tamar Inn looks set to become another fixture in Calstock’s quality calendar of cultural events.

Name and address supplied
TAMAR VALLEY WALK AND TALK DIARY

Regular Wednesday walks – free, and dog friendly, Please wear suitable footwear and weather-appropriate clothing. Further information: Maggie 832364.

7 October: Weir Quay to Thorn Point W&T+
Meet 10.00 Gunnislake station to car share or 10.30 Weir Quay (usual lay by!) to walk along lanes and across fields to Thorn Point. Eight stiles and two uphill sections – can be muddy.

14 October: Yelverton to Clearbrook
Meet 09.45 Gunnislake station to car share or 10.30 Yelverton free car park near the church to follow Drakes Trail and visiting Clearbrook and Hoo Meavy Bridge for a coffee stop. Some road walking and footpaths, one uphill section.

21 October: Cotehele Circular via chapel, view point, house and weir
Meet 10.30 Cotehele Quay car park (50p needed for parking) to walk round the grounds via the chapel, view point, house and weir. If you have a NT card, please bring it. Two uphill sections and one downhill.

28 October: Bere Alston station circular via Tuckermarsh W&T+
Meet 10.00 Gunnislake Station to car share or 10.30 Bere Alston station to walk through fields and woods, returning to Bere Alston along lanes. One steep downhill and two uphill sections. Can be muddy. Walking pole recommended. Coffee stop overlooking Calstock.

4 November: Gunnislake Station to Calstock
Meet 09.50 Calstock Quay, park behind village hall, to catch the 09.55 bus to Gunnislake station to walk along lanes and through the Danescombe valley to return to Calstock. One uneven section, one stile, awkward steps. Can be wet in places

11 November: Buckland Abbey (New Walk)
Meet 09.45 Gunnislake station to car share or 10.30 Buckland Abbey main carpark to walk around the estate through fields with good paths. One stile and two gentle hills. No parking fees and dogs welcome. Optional lunch afterwards at Buckland Abbey

18 November: Luckett Village Circular W&T+
Meet 10.30 Luckett village carpark to walk along lanes, through woods and farmland to return to Luckett. One uphill section one downhill section and one ford to cross

25 November: Peter Tavy to Mary Tavy (New Walk)
Meet 09.40 Gunnislake station to car share or 10.30 St Peter’s church Peter Tavy to walk to Mary Tavy via Longtimber following riverside paths and exploring old mine workings. Easy walking and stiles

2 December: Calstock and Limekilns
Meet 10.30 Calstock village carpark to walk along lanes, Higher Kelly, Danescombe valley returning past the Limekilns along Lower Kelly. Two uphill sections
CALSTOCK FOOTPATH SOCIETY

All welcome, just turn up at the start. More details: www.cfs.btck.co.uk/. For both walks, please bring coffee, a packed lunch and something to sit on. Not suitable for dogs. £2 non-members  Jill Lane

Sunday 25th October: Circular walk from Calstock to Cotehele
Meet 10:30 at Calstock village carpark. Seven miles, strenuous, taking in Okel Tor, Harewood, Calstock church, Church Hill, Higher Kelly, Danescombe Farm, Cotehele House and Mill. Returning to Calstock via Cotehele Quay and Lower Kelly. Walking shoes or boots recommended. Leader: Stephen Docksey. Further information 01822 834454

Sunday 15th November: Saltash to Forder and back
Meet 11:00 FREE car park on Brunel Green (about 75 yard up river from the two bridges). About 6.6 miles. The walk includes various landscapes, from riversides, woodlands and creeks to nature reserve and town with lovely views along the way. Two short steepish hills and a gradual one. Could be muddy. Leader: Netti Hibbert. Further information 01579 342883

BIGGA DRIED PEA SOUP

One packet Bigga Dried Peas (54p in Levine’s!)
One and a half large onions
A large carrot, quarter swede and/or a turnip
¼ pint milk or cream (soya, cows’)
One bouquet garni, and seasoning

Soak peas overnight in 2 pints stock. Fry chopped onion in 2 oz oil/lard/butter in a large saucepan. Add chopped vegetables and fry few minutes. Add soaked peas with the stock and the bouquet garni. Simmer two hours until peas break up into a pulp. Remove bouquet garni then sieve or liquidise the soup. Add milk or cream. Season to taste. Could add a ‘swirl’ of cream to bring to the table (serves four). Name and address supplied

HACKERS CORNER

In the last edition of the Calstock News I was praising Windows 10 and its ease of use and upgrade path… What I later found out is that Microsoft have been sneaky and included a whole load of tracking & reporting software with the installation. All of these services are enabled by default and if (like me) you opted for the advanced install you have the option to turn some of these services off, however most people generally opt for the ‘express install’ which enables everything.
If you think you are safe from these programs on Windows 7 or 8, then think again, as Microsoft has conveniently bundled the programs up and included them as updates, which will automatically download and install if you are not aware. The process to disable these new ‘features’ differs depending on which version of windows you are running. For Windows 10 it’s relatively simple and all the instructions and files required can be found here:
https://github.com/10se1ucgo/DisableWinTracking/releases

For Windows 7 and 8/8.1 users it’s slightly more difficult in that you will need to use the Command Line Interface (CLI). To do this click on the Start menu, then under the accessories folder there will be a program called ‘Command Prompt’. Right click on that and select ‘Run as Administrator’. When the dialogue box appears click ‘Yes’. Now you should have a window open with a black background and white text (the window will titled ‘Administrator: Command Prompt’). Once there enter the following:

```
wusa /uninstall /kb:3068708 /quiet /norestart
wusa /uninstall /kb:3022345 /quiet /norestart
wusa /uninstall /kb:3075249 /quiet /norestart
wusa /uninstall /kb:3080149 /quiet /norestart
```

Once this has been completed Windows may try to install the files again, however this can be avoided by not installing the updates, as mentioned above. The original article can be found here: http://bit.ly/remove_tracking. Another question I have been asked is: “Do I have to upgrade to Windows 10?” The short answer is no, not if you don’t want to, as Windows 7 will be supported until 14 January 2020, and Windows 8 until 10 January 2023.

On a lighter note, the beginners’ computer sessions have been going down a storm at the Hall but we only have two more sessions before Jay and Jane leave so I am looking for some willing volunteers to help me if we want to continue. Currently the sessions are on Tuesday mornings 10:30-12:30 and are free for all. If people want more advanced sessions they can be arranged as well; just drop me a line and if there is enough interest we can get things started.

alex@semanticsolutions.co.uk
TAMAR VALLEY COMMUNITY BUS – trips open to all ages

**NOVEMBER** – booking opens Monday 19 October

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**DECEMBER** - booking opens Monday 23 November

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</table>

BOOK with JULIA on 01822 832931  Mon – Fri  11am – 5pm

WEDNESDAYS 9.30 – 1.30 (approx.) – Callington/Co-op/Tesco - £2.90 return
THURSDAYS 10.30 – 12.15 (approx.) – Post Office Gunnislake / Coffee Morning (not 24 Dec)
FRIDAYS 9.30 – 2.30 (approx.) – Tavistock/Morrisons - £2.90 return
(Jan 1 as usual depending on store opening hours)

* 50p to concessionary holders  *** TRAGO & TRURO free to concessionary holders
## LOCAL TRADES & SERVICES

### Building Services etc

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Person</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Building Renovation</td>
<td>PDA Contracts</td>
<td>07721 422665</td>
</tr>
<tr>
<td>Building &amp; General Services etc</td>
<td>Colin Winter</td>
<td><a href="mailto:colin@colinwinter.co.uk">colin@colinwinter.co.uk</a></td>
</tr>
<tr>
<td>Peter Gadd Carpentry</td>
<td>Carpenter and General Builder</td>
<td>07880 841 211</td>
</tr>
<tr>
<td>Matthew Utton</td>
<td>Plumbing &amp; Heating</td>
<td>07974 415 306</td>
</tr>
<tr>
<td>Tony Marson</td>
<td>Building &amp; Bicycle Maintenance</td>
<td><a href="mailto:tony.marson@hotmail.com">tony.marson@hotmail.com</a></td>
</tr>
<tr>
<td>Antony Barker Electrical</td>
<td>Electrician &amp; Photovoltaic Installer</td>
<td><a href="mailto:abarker-electrical@hotmail.co.uk">abarker-electrical@hotmail.co.uk</a></td>
</tr>
<tr>
<td>D&amp;TJoinery</td>
<td>Windows, Doors, Glazing, Draught-proofing and Restoration</td>
<td></td>
</tr>
<tr>
<td>Tamar Plumbing</td>
<td>Oil heating, General plumbing</td>
<td><a href="mailto:matthews.phil@btinternet.com">matthews.phil@btinternet.com</a></td>
</tr>
<tr>
<td>Steve Darbyshire</td>
<td>Carpenter</td>
<td>07792 152 827</td>
</tr>
</tbody>
</table>

### Computing

<table>
<thead>
<tr>
<th>Contact Person</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steve Knight</td>
<td>All computer repairs</td>
<td>07545 872667</td>
</tr>
<tr>
<td>Computer maintenance &amp; network solutions</td>
<td><a href="mailto:semanticsolutions@icloud.com">semanticsolutions@icloud.com</a></td>
<td></td>
</tr>
</tbody>
</table>

### Gardens

<table>
<thead>
<tr>
<th>Gardener</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>David Earp</td>
<td>Garden Design, Construct/ Maintain</td>
<td><a href="mailto:dave.earp@tiscali.co.uk">dave.earp@tiscali.co.uk</a></td>
</tr>
<tr>
<td>Lee Manning</td>
<td>Tree and Hedge Cutting, Logs etc</td>
<td>07792 536167</td>
</tr>
</tbody>
</table>

### Car repairs / maintenance

<table>
<thead>
<tr>
<th>Mechanic</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brian Jackman</td>
<td>Car Repairs, Church Hill, Calstock</td>
<td>07970 953 433</td>
</tr>
</tbody>
</table>

### Pubs / B&B

<table>
<thead>
<tr>
<th>Pub</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Boot Inn</td>
<td>Fine ales, wines and spirits</td>
<td>834866</td>
</tr>
<tr>
<td>Meadowood B&amp;B</td>
<td>Our own eggs, fruit and honey</td>
<td>832444</td>
</tr>
</tbody>
</table>

### Shops

<table>
<thead>
<tr>
<th>Shop</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Levine’s</td>
<td>Calstock Village Store</td>
<td>833786</td>
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### Art and Photography

<table>
<thead>
<tr>
<th>Gallery</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lime Kiln Gallery</td>
<td>Contemporary art</td>
<td>834654</td>
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### Complementary Therapies

<table>
<thead>
<tr>
<th>Therapist</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Haven Natural Health Studio</td>
<td>Therapeutic Massage</td>
<td><a href="http://www.thehavencalstock.co.uk">www.thehavencalstock.co.uk</a></td>
</tr>
<tr>
<td>Janet Taylor - Homeopath</td>
<td><a href="http://www.janettaylorhomeopath.co.uk">www.janettaylorhomeopath.co.uk</a></td>
<td><a href="mailto:janincalstock@yahoo.co.uk">janincalstock@yahoo.co.uk</a></td>
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</table>

### Miscellaneous

<table>
<thead>
<tr>
<th>Service</th>
<th>Services</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plush Hair &amp; Beauty</td>
<td>6 Fore Street, Calstock</td>
<td>832215</td>
</tr>
<tr>
<td>Make New &amp; Mend</td>
<td>Creative Sewing Services</td>
<td>833130</td>
</tr>
<tr>
<td>Tamar Valley Pre-school</td>
<td>Toddler and pre-school group</td>
<td><a href="mailto:info@tamarvalleypreschool.co.uk">info@tamarvalleypreschool.co.uk</a></td>
</tr>
<tr>
<td>Fernleigh House</td>
<td>Care Home &amp; Home Help Service</td>
<td><a href="mailto:alastair.tinto@fernleighhouse.co.uk">alastair.tinto@fernleighhouse.co.uk</a></td>
</tr>
<tr>
<td>Tamar Valley Pet Care</td>
<td>Natalie Utton</td>
<td>07855 890 737</td>
</tr>
<tr>
<td>Tamar Valley Interiors</td>
<td>Curtains, Blinds &amp; Soft Furnishings</td>
<td><a href="mailto:tamarvalleyinteriors@gmail.com">tamarvalleyinteriors@gmail.com</a></td>
</tr>
<tr>
<td>Kleen Windows</td>
<td>W’cleaning – painting – odd jobs</td>
<td><a href="mailto:kleentrading@yahoo.co.uk">kleentrading@yahoo.co.uk</a></td>
</tr>
</tbody>
</table>

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